

**Food Routine of Archana Institute of Technical Education & Research**

**(Hostel: Boys/Girls Hostel)/August Semester**

Sl.No	Day	Breakfast (7:45 a.m. - 8:45 a.m.)	Lunch (12:30 p.m.-1:30 p.m.)	Dinner (7:30 p.m.-8:30 p.m.)
1	Sunday	Paratha, Sabji, Tea	Jeera Rice/Fried Rice, Chicken Curry, Green Salad	Rice, Dal, Sabji, Bhaji
2	Monday	Roti-Sabji, Tea	Rice, Aloo Bhujiya, Dal, Green Vegetables	Rice, Egg Curry with Aloo, Boiled Vegetables
3	Tuesday	Paratha, Sabji, Tea	Rice, Egg Curry(02 eggs)/Paneer Sabji, Green Salad, Papad	Rice, Dal, Sabji, Bhaji
4	Wednesday	Roti, Sabji, Tea	Rice, Chicken Curry, Vegetables Bhujiya/fry	Rice, Dal, Sabji, Aloo Chokh
5	Thursday	Puri Bhaji, Sabji, Tea	Fry vegetables, Rice, Dal, Mixed Vegetables	Rice, Paneer Curry, Boiled Vegetables
6	Friday	Bread, Egg, Banana, Tea	Rice, Fish Curry, Dal, Saag(Green leafy vegetables)	Rice, Dhoka Dalna, Sabji
7	Saturday	Roti-Sabji, Tea	Rice, Dal, Green Leafy Vegetables, Veg Curry, Chutni	Rice, Fish Curry, Sabji, Sweet

\*\*\* Breakfast Counter will get closed after 9:00 A.M. \*\*\*\* Lunch Counter will get closed since 2:00 P.M. \*\*\*\* Dinner Counter will get Closed since 8:45 P.M.

Signature of the Administrator  
*[Signature]*  
 07/08/17

(Signature of the Hostel Superintendent)

*[Signature]*  
 (Signature of Principal, AITER)

